

AUGUST 2021

RESOURCE PARENTS

THE OFFICIAL MONTHLY NEWSLETTER FOR RESOURCE (FOSTER) PARENTS
INVOLVED WITH CASA - VOICES FOR CHILDREN



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HAPPY AUGUST!

This month's newsletter is full of fun ideas for how to spend the last weeks of summer! Read on for exciting events, educational trainings, delicious snacks, and more. We would love to see you at our Summer Concert and Picnic Nite at Emerson Vineyards on Saturday, August 7th!



CASA AND COVID-19: UPDATES FOR RESOURCE FAMILIES

Dear Resource Families,

CASA - Voices for Children is continuing to implement precautionary measures for the protection of those we serve. Above all, we are committed to the health and wellness of our children, resource/bio families, advocates, volunteers, staff and community. Please see below for our current safety policies:

- CASA-VFC staff will be returning to the office for work, but our office will remain closed to the public. If there is an urgent need that cannot be met remotely, then we will be available by appointment only. Staff will be available during our normal office hours (8:30 AM to 5:00 PM) by phone and email.
- If you have an appointment to visit the CASA-VFC office, please be aware that face coverings will be required for all visitors as recommended by [Oregon Health Authority guidelines](#). Please note, our staff will also be implementing a sanitation protocol within our office as another precaution.
- As far as visitation with CASA-VFC children, we have modified our visitation plan and will allow advocates to resume in-person visits if they and their CASA family feel comfortable doing so. You may also continue with virtual visits if preferred. If you plan to resume in-person visitation, we ask that you abide by the safety policies we have put into place to ensure the health and well-being of your family members and your CASA volunteer;
 - In-person visits with children will be conducted outdoors – please check the weather forecast when planning visits and try to find a day when the weather will allow for being outside.
 - Visit our website at <https://www.casa-vfc.org/staying-connected> for fun activities your child(ren) and their CASA can do together while maintaining a safe distance.
 - CASAs will be required to wear a mask, and we ask that they do not enter the home and maintain 6 feet of distance at all times.
 - Please let us know if you would like any masks or other supplies for your visits, or if you'd like additional guidance on in-person visitation. We know that these are significant changes for our resource families, and we want to support you in any way we can.
- If your family or CASA volunteer is not comfortable with in-person visitation at this time, please contact us and we will help you find a safe alternative. We are strongly encouraging all CASAs to still reach out by phone, Skype/FaceTime, or however they and the families they serve feel most comfortable. This [Advocacy from a Distance](#) post by Passaic County CASA contains some excellent suggestions for staying connected.
- To the best of our knowledge, we will be returning to in-person court with safety guidelines in mid-August. However, parties who wish to appear remotely for safety reasons will be able to do so. We will continue to keep you informed as we receive new updates.

Your family's health, and the health of our advocates, staff, and community are of the utmost importance. As the State continues to reopen, we will monitor this plan and will keep you informed of our next steps.

We appreciate your patience as we navigate these new and unfamiliar times together. If you have any questions or concerns, please feel free to contact me.

Kari Pinard

Executive Director, CASA - Voices for Children

REMINDERS

Bill of Rights: Please make sure that your kiddo(s), along with their siblings, are not only aware of their rights, but also understand them. PDF copies of the [Children's](#) and [Parent](#) Bill of Rights are available on our website.



Donations to CASA: Have extra clothing or shoes lying around the house? Please call or email CASA to arrange for your donation! We are currently in need of boys and girls shoes, all kinds and sizes.



Car Seat Clinic: Due to COVID-19 concerns, the planned monthly car seat inspections at the Corvallis Fire Department have been put on hold until further notice. For tips on safe car seat installation, click [HERE](#). If you would like assistance installing a car seat, please contact Alyssa Mahr, CPST (Certified Child Passenger Safety Technician) by calling the CASA-VFC office or emailing service.coordinator@casa-vfc.org



Summer Tutoring: CASA will be offering academic tutoring to our foster kiddos to prevent them from getting hit by the summer slump this year! See page 9 of this newsletter for details, or contact Katie Gregory at program.supervisor@casa-vfc.org for more information!



CASA Summer Concert: CASA-VFC is excited to announce that our Summer Concert is returning for 2021! CASA will be hosting a picnic-style concert on the evening of Saturday, August 7th at [Emerson Vineyards](#). Click [HERE](#) to learn more - we hope to see you there!



NEW STAFF MEMBER AT CASA-VFC!



CASA-VFC welcomes a new staff member, Lisa Kropf to the team!

Lisa will be working in the role of Program Coordinator. She recently moved to Albany, Oregon in 2020 from Seattle, Washington.

She has a bachelor's degree in Marketing and Business Management from Northwest University. Before moving to Oregon, she was an admissions counselor at Northwest University in Kirkland, Washington.

Her love for students drew her to this position at CASA. She is excited to work with advocates, board members, and community stakeholders that work to address child abuse and neglect in her own community.

Lisa lives with her husband and their golden retriever named Jerry. She enjoys reading, yoga, and spoiling her dog.

Welcome to our new
Program Coordinator,

☆ Lisa Kropf! ☆



CONVERSATIONS WITH KIDS TO PREVENT DRUG & ALCOHOL ABUSE

Open, honest conversations are some of the most powerful tools parents can use to connect with – and protect – their kids. But when tackling tougher topics, especially drugs and alcohol, just figuring out what to say can be a challenge. [This guide](#) will help you start the conversation with your child – and keep it going throughout his or her life.



Resource submitted by
CASA Maggie P.!

OREGON LGBTQ YOUTH & FAMILY RESOURCES WEBSITE



[Oregon Family Support Network](#) is proud to announce the new Oregon LGBTQ Youth and Family Resources website, created in partnership with the [Family Acceptance Project](#).

Check out the new site at OregonLGBTQresources.org for an array of helpful resources on how you can support LGBTQ youth in Oregon, and their families!

OREGON DREAM CONFERENCE

Registration is now open for FosterClub's 2021 virtual [Oregon ILP Dream Conference!](#)

Participants will learn about independent living, build connections, meet other youth in care, and have fun! Youth participants will also receive care packages from FosterClub. Space is limited (only 100 spots open for young people aged 16-20), so register today!



AUGUST 10 & 11

Register: <https://buff.ly/3rgTC9V>



WHO: Young people in/from Oregon foster care, ages 16-20

WHEN: Tuesday, 8/10 & Wednesday, 8/11, 10am-2pm

WHERE: Zoom

[Click here to learn more and register for the conference!](#)

SUMMER CONCERT & PICNIC NITE!

Saturday, August 7th

We are excited to announce that our Summer Concert & Picnic Nite event has sold out! Thank you to our very kind and compassionate community, who are continuously dedicated to supporting local foster youth. We have so much in store and are looking forward to seeing you all there!

CASA-Voices for Children Presents
Our Annual

Summer Concert & Picnic Nite

8.7.21 | 5-8 PM

LIVE BANDS | WINE TASTING | FOOD CART
LIVE COMEDY | FAMILY FUN

Held at

EMERSON
VINEYARDS

Featuring



CHIRAL

WEST



All proceeds benefit local foster youth in Benton County.

HEALTHY BODIES, HEALTHY MINDS

Each month this summer, we will be featuring a new health infographic created by our CASA intern, Grace Roberts. Grace is a Public Health major at Oregon State University, and is passionate about sharing knowledge to improve children's mental and physical wellness.

Resocialization For Young Children



Many young children have missed out on entering in-person activities like school for over a year. This can create a lot of anxiety for children who are finally able to re-enter school as COVID-19 restrictions ease. It's important for parents to know how to handle this transition and support their child.



Plan and prepare

While some children have a natural ability to make friends and transition into social settings, others do not. It is extremely important for parents to prepare a plan for how their child might react when confronted with engaging in in-person conversations and group settings. Sit down with your child and allow them to express their emotions about social settings. Value their concerns but also push them to make friends when sending them off to school or an activity. YOU are where they feel most safe, so make sure they are comfortable coming back if an interaction does not go the way they envisioned it going.

Classroom Environments

If your child has never been to school before, the setting is going to be overwhelming and stressful. Make sure they have someone familiar to go to for comfort.

- Set up a play date with another child entering the same grade/class prior to their first day
- Familiarize them with their teacher by meeting them beforehand or at a school-sponsored meet and greet
- Explain how classrooms are set up so they can visualize it
- Practice introducing yourselves to each other! It will give them a familiar physical response when meeting someone new.

Do Your Homework

Well yes, the child should be doing their homework but it's also for the parent to be doing theirs too! Socialize with other parents and find out what is working for their child in this new environment. While every child learns, grows, and thinks differently, connecting with other parents who are struggling with the exact same thing can help all parents figure out new ways to help and support their child!

More Resources

Here are some articles that can help expand your knowledge on how COVID-19 has affected children and their ability to socialize themselves in our society.

- <https://www.universityofcalifornia.edu/news/how-resocialize-after-pandemic>
- <https://www.theatlantic.com/family/archive/2020/06/how-quarantine-will-affect-kids-social-development/613381/>



<https://www.5lovelanguages.com/book/the-5-love-languages-of-children/>
<https://www.5lovelanguages.com/quizzes/>



STORIES WITH THE STARS



Here Comes the Garbage Barge!

By: Bruce Haley

Before everyone recycled...there was a town that had 3,168 tons of garbage and nowhere to put it.

What did they do? Enter the Garbage Barge!

This mostly true and completely stinky story is sure to make you say "Pee-yew!"

[Watch Justin Theroux read this inspiring historical tale with your kiddo\(s\) online!](#)

Storyline Online

THE LIBRARY IS NOW FULLY OPEN!

The Corvallis-Benton County Public Library has now fully reopened! "I am excited to share with you that all library locations are open," said Library Director Ashley Chavez. "Library hours are the same as they were before the pandemic, and we are gradually returning to in-person events."

Since its closure, the library has shifted to remote services such as book delivery, which Chavez announced will still be available moving forward.

Click [HERE](#) to learn more about the Library's reopening, and the services and exciting in-person events that are now available for you and your kiddo(s)!



TRAUMA-INFORMED SUMMER TUTORING

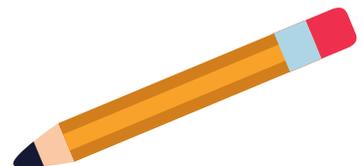
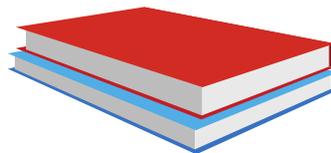
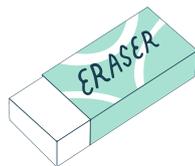
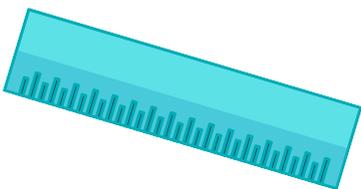


Prepare for the new school year with Trauma-Informed Summer Tutoring!



CASA will be offering academic tutoring to our foster kiddos to prevent them from getting hit by the summer slump this year! We will be offering general curriculum and help with special topics. Our specially-trained academic tutors can work with children to help them reach their educational goals.

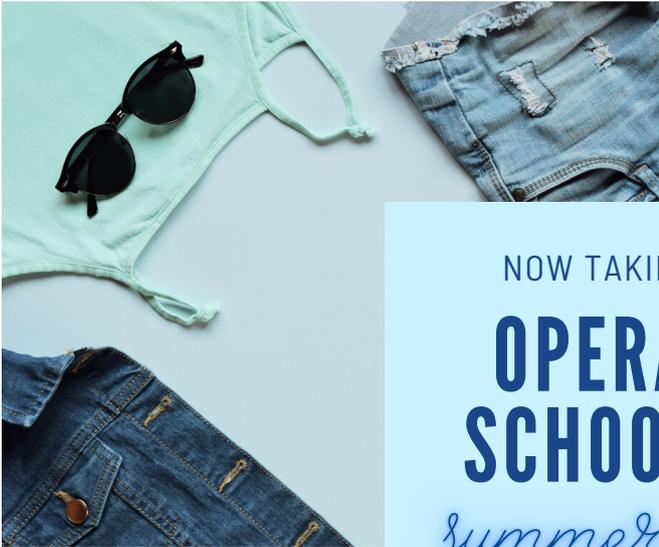
To learn more about the Trauma-Informed Tutoring program, or to enroll your children for tutoring services with CASA, please contact Katie Gregory at program.supervisor@casa-vfc.org.



Trauma Informed Tutors can assist your child with:

Core Curriculum
Special Topics
Study Tactics & Tips
Class Link and Canvas
Zoom Training
and more!

HERE AT CASA



NOW TAKING ORDERS

OPERATION SCHOOL BELL

Summer edition

PLEASE CONTACT CASA-VFC
FOR YOUR ORDER FORM

SHOES - TSHIRTS - COATS - JEANS
LEGGINGS - HOODIES - GYM SHORTS
SPORTS PANTS - SOCKS
UNDERGARMENTS - HYGIENE KITS



The items available for order include:

Shoes, Jeans, or Sports Pants/Leggings,
T-shirt, Coat or Hoodie, Gym Shorts,
Socks, Underwear, & a Sports Bra (girls).

**IN ADDITION, CASA HAS WATER
SAFETY VESTS AND OTHER NEEDED
CLOTHING FOR YOUR CHILD(REN).
PLEASE INCLUDE ANY OTHER ITEMS
NEEDED AND WE WILL TRY OUR BEST
TO FIND THEM ON-HAND.**

Please send the following info with your
order request to CASA:

- Elementary, Middle, or High School student?
- Child's first and last initials
- Child's height & weight (an estimate is fine)
- Child's waist & hips measurements in inches (an estimate is fine)
- Child's outside leg seam measurement in inches (an estimate is fine)
- Child's shoe size
- Child's pant size
- Child's t-shirt size
- A list of the needed items

SUMMER EVENTS & ACTIVITIES

This summer may still look a little different than usual, but there are still lots of fun events and activities (both virtual, and in-person with safety precautions) for your kiddo(s) to enjoy!

Explore the websites below for real-time updates on some of the many exciting opportunities available this season!



CBCPL IN-PERSON EVENTS

The Corvallis-Benton County Public Library has now fully reopened! Check out their site to learn about fun in-person events for kids, tweens and teens!



CORVALLIS PARKS & REC

Take a swim at Osborn Aquatic Center, or enroll in one of Parks & Rec's exciting day camps! There are so many opportunities for summer fun - click [HERE](#) for scholarship info!



CASA-VFC: SUMMER FUN

CASA-VFC is gathering a list of local places to visit, things to do, and events to attend this summer! Our "Summer Fun" webpage will be updated as our area continues to reopen!



MAXTIVITY SUMMER ART

Maxtivity is offering art camps for all ages this summer! All are welcome, regardless of ability to pay - click [HERE](#) to learn more! They have free [online art lessons](#) to explore as well!

SNACK OF THE MONTH

FRUITY FROZEN YOGURT BITES



Ingredients Needed:

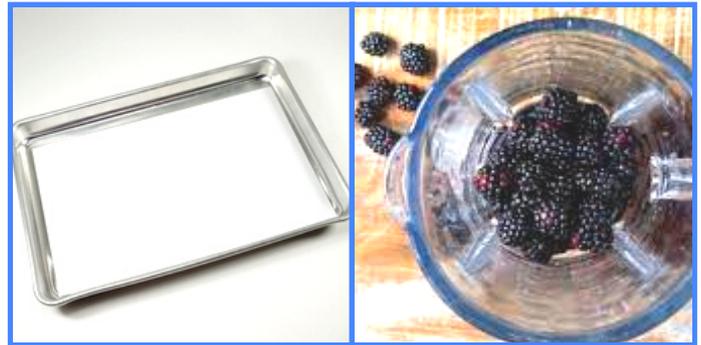
- Plain or vanilla greek yogurt
- Fruit puree(s) of your choice
- Honey (optional)
 - (Note: if you'd like to make these for babies under age 1, you can omit the honey and use vanilla Greek yogurt instead.)
- Quart-size ziploc bags
- Baking tray
- Parchment paper



Directions:

Line a baking sheet with parchment paper and set aside.

Puree the fruit combination of your choice with a food processor or blender (or use store-bought fruit purees).



If you'd like to remove the seeds, use a mesh strainer. Stir pureed fruit, yogurt, and honey together in a small bowl.

Pour mixture into a quart-sized zippered plastic bag. Using scissors, cut off a tiny bit from one of the bottom corners.

Pipe small dots of the yogurt mix onto the baking tray. Repeat these steps with the other types of fruit if desired.

Place tray in the freezer for at least 1 hour to set. Snack on these tasty drops after freezing, or save some for later in a freezer-safe container!



ACTIVITY OF THE MONTH

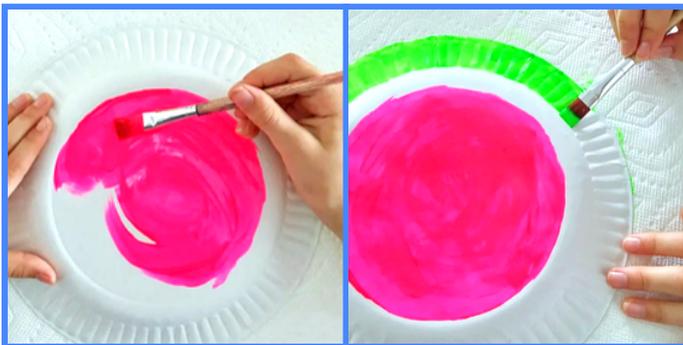
WATERMELON PAPER FAN

Supplies Needed:

- Pink, green, and black paint (or markers if you prefer)
- Large wood crafting sticks
- Paper plates
- Masking tape
- Paintbrush
- Cotton swabs
- Stapler



Directions:



Paint the center of the plate with pink paint.

Paint the outer rim with green paint, then set aside and allow to dry completely. (Or if you prefer, color the watermelon design with markers.)

Once the paint has dried, use a cotton swab dipped in black tempera paint to add the seeds! (Or draw the seeds on with a black marker)

Once the black paint has completely dried, fold the paper plate in half.



Open the plate and use masking tape to attach a large craft stick for the handle of the fan. Adults can use a stapler around the outer rim of the plate to seal the edges of the plate shut.

Cool off this summer with your fun new watermelon fan!

[Click HERE for more detailed instructions!](#)

COLORING CORNER



Print it out for an afternoon of coloring fun! (Printable copies are on the last pages of the newsletter.)

COLORING CORNER



©Crayola

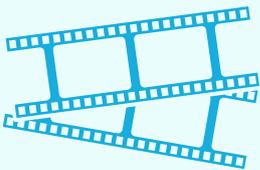
Print it out for an afternoon of coloring fun! (Printable copies are on the last pages of the newsletter.)



SUMMER FUN FOR YOU AND YOUR KIDDO(S)

New experiences are a great way to engage with your kiddo(s) and make lasting memories this summer. Below are some of our favorite ideas for fun and inexpensive activities to keep your kiddo(s) engaged and happy over the summer break!

CATCH A MOVIE
AT THE WHITESIDE



ROCK OUT
AT CASA-VFC'S
SUMMER CONCERT



COOL OFF AT
OTTER BEACH



VISIT THE
NEWLY-REOPENED
LIBRARY



GO
BLUEBERRY PICKING
AT A LOCAL FARM



MAKE A
DIY INSTRUMENT
TOGETHER



COMMUNITY INVOLVEMENT

- [Oregon Parks and Recreation Department](#) offers free camping and day-use parking to Oregon foster parents, guardians and parents who have adopted Oregon foster children. Most campgrounds and day use areas have now reopened! For more information visit oregonstateparks.org or call OPRD at 1-800-551-6949.
- [The Oregon Zoo](#) offers discounted admission for foster children and their families. Check out their at-home activities [HERE](#) and follow their social media channels to keep up with their animals' adventures!
- [The Corvallis Fire Department](#) normally offers monthly car seat inspections, but due to COVID-19 concerns, they have been put on hold until further notice. For tips on safe car seat installation, click [HERE](#). If you would like assistance installing a car seat, please contact Alyssa Mahr, CPST (Certified Child Passenger Safety Technician) by calling the CASA-VFC office or emailing service.coordinator@casa-vfc.org.
- [Corvallis Parks and Recreation](#) offers family assistance to ensure that everyone in Corvallis can play. Their [Family Assistance Scholarship](#) helps to reduce the barrier of cost for those living in Benton County. The scholarship can be used for an array of different activities - check out the [Parks and Recreation Facebook page](#) for the latest offerings! Though many indoor facilities are still closed, Parks & Rec has several fun outdoor classes for kids that run rain-or-shine!
- [The Boys & Girls Club](#) is providing summer childcare. Pre-registration and eligibility verification required; call (541) 757-1909 for details. The Club works closely with CASA-Voices for Children, and you can get a reduced-cost membership by contacting the CASA office.
- [The Corvallis-Benton County Public Library's "Summer @ Your Library"](#) program features exciting activities and events designed to help all age groups explore new ideas, books and activities - free of charge. You can also get a free book and bag when you sign up, while supplies last! Click [HERE](#) to register today - they have groups for both kids and teens!

Is there something you liked or didn't like about this month's newsletter? Or maybe there's something you would like to see in next month's issue? Whatever it is, we would love to hear from you!

Please contact Alyssa Mahr with any questions, concerns or suggestions.
service.coordinator@casa-vfc.org

UPCOMING TRAINING OPPORTUNITIES

Oregon Family Support Network



Oregon
Family Support
Network

4275 Commercial St. SE, Suite 180 Salem, OR 97302

<http://ofsn.org/>

Twitter: @OregonFSN

like us on Facebook!

Journey to Advocacy



This training is designed for parents and caregivers who wish to develop their lived experience caring for children, youth, or young adults living with behavioral health challenges into powerful stories that can be shared with peers, providers, legislators, and state and local leaders in order to motivate systemic change.

Session 1: Participants begin to relate to themselves as advocates and identify a personal advocacy goal. As they are guided through the core elements of advocacy and storytelling, they will begin to transform their unique personal experiences into stories. **Session 2:** Participants will be invited to share their advocacy stories, receive feedback, and provide input to co-participants.

Learn:

How to use your unique experiences to tell a story that impacts others.

Honor:

The journey that you have been on as a parent raising a child with mental or behavioral health needs.

Change:

Systems by being a voice for the family

Date and Time:

Monday, Aug. 23rd, 2021

1:00 pm—4:00 pm

Wednesday, Aug. 25th, 2021

1:00 pm—3:30 pm

Please plan to attend both days of this training.

Location:

Online

Cost:

Free!

Trainer: Carol Dickey

Please note that registration for this training is required.

To register, follow this link:

<https://conta.cc/2QLwDpA>

Please feel free to contact Frankie with any questions or concerns.

frankiel@ofsn.net | 503-363-8068

UPCOMING TRAINING OPPORTUNITIES

ABC House

Recognizing and Responding to Child Abuse

ONLINE TRAINING VIA ZOOM



This free training provides information about types and signs of child abuse, appropriate ways to respond to disclosures, observations, and suspicions of abuse, and how to document and make a report to the Oregon Child Abuse Hotline.

The information provided in this training is helpful to anyone who wants to learn more about how to protect and help children, regardless of their mandatory reporting requirements. A certificate of completion from ODHS Child Welfare will be available to you upon completion of a post-training evaluation.

[CLICK HERE to register for this free training today!](#)

[f View more details on ABC House's Facebook Events page f](#)

FAMILY RESOURCES

[CASA Online Learning Center \(by Texas CASA\)](#) - Texas CASA has an excellent library of trainings and informational videos for advocates and foster (resource) families. Registration for their "CASA College" learning portal is required, but it is free and open to CASAs and families in all states.

[VISIT PAGE](#)

[National Child Traumatic Stress Network](#) - NCTSN offers a wide array of webinars and e-learning courses on best practices for helping children who have experienced trauma. Visit the link below to create an account for free access to training materials.

[VISIT PAGE](#)

[Focus on Foster Families App](#) - This app is designed to support foster children, youth, and their caregivers & advocates. Through video interviews and online tools, FOCUS on Foster Families helps users improve their skills related to communication, emotional regulation, problem-solving and goal setting.

[VISIT PAGE](#)

[Oregon Family Support Network](#) - OFSN is a statewide non-profit organization that supports families who are raising a child with significant mental health challenges. They provide education, support and advocacy for individual families and support systems.

[VISIT PAGE](#)

[Oregon Post Adoption Resource Center](#) - The OPARC provides services for Oregon DHS adoptive and assisted guardianship families. Services include information, assistance, referral, in-depth consultation, advocacy and support, and education and training for families and advocates.

[VISIT PAGE](#)

[iFoster](#) - Using iFoster's programs and services decreases family needs, improves child and caregiver well-being, improves life-satisfaction, improves grades, and can help youth successfully transition to independence. iFoster provides 100s of resources through partnerships with hundreds of companies, government agencies and non-profits nationwide. Free and deeply-discounted products and services are available to meet your biggest needs.

[VISIT PAGE](#)

"IF YOU CAN HELP A CHILD, YOU DON'T HAVE TO SPEND YEARS REPAIRING AN ADULT."
- JOYCE MEYER

TECH TALK:

INSPIRATIONAL PODCASTS

providing compassion & insight for kids & teens

Adapted from "Tech Talk Tuesdays" by Delaney Ruston, MD

Over the past year, I have been flooded so often by feelings of compassion. Recently I have been reflecting on the podcasts — from the far past to the present — that have influenced me in terms of the human condition and empathy.

Today I share some of the podcasts that came to my mind that are particularly timely and can inspire insight and compassion.



Podcast Recommendations:

For our family, podcasts and car trips have been a perfect match. In case you are driving somewhere or have some moments to hang out on the couch together, here a few that I recommend:

[Taken for Granted](#) (*Great for kids about 8 and up*)

[Episode: Jane Goodall on Leadership Lessons from Primates](#)

I always enjoy listening to Adam Grant, and this episode with Jane Goodall is great since so many youth love animals. This episode provides a side door into discussing social dynamics at school; an important topic as kids prepare to



return to full-time in-person instruction this fall. Hearing how chimps behave socially and how that relates to our interactions as humans is absolutely fascinating.

And by the way, I couldn't agree more with what Goodall says about how those traits that are traditionally considered "female" (such as compassion, patience, or intuitiveness) can help improve all of our social lives — in schools, the workplace, and beyond.

(CONTINUED ON NEXT PAGE)

TECH TALK: INSPIRATIONAL PODCASTS (continued)

Short & Curly (Great for kids about 8 and up)
Episodes: [Should Robots Replace Humans?](#)
[Is Stealing Music or Jokes Really Stealing?](#)

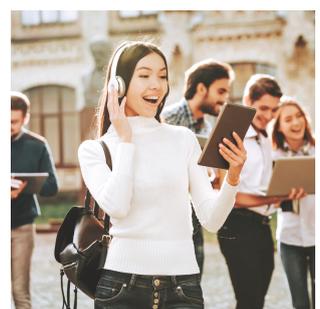
This podcast has been around for years, and the episodes vary in style. For example, some include people acting out characters, and many include kids talking. Plus, this show has the added benefit of being from abroad — it's Australian.

The show's description calls it a "fun-filled ethics podcast for kids and their parents, with questions and ideas to really get you thinking. It asks curly questions about animals, technology, school, pop culture and the future."

You might consider this episode, [Is Stealing Music or Jokes Really Stealing?](#) "If a comedian comes up with a joke, you see it on YouTube and then start telling all your friends, is that stealing? If you take a small sound or beat from a song you love and then use it in a whole new piece of music you've created, is that stealing?" Or how about this one, [Should Robots Replace Humans?](#).

Planet Money (Great for kids about 8 and up)
Episode: [Socialism 101](#)

Planet Money always has an upbeat, fun vibe that resonates with young people. The Socialism 101 episode gives an engaging synopsis of the history of economics over the centuries. This short episode sheds light on some reasons behind inequalities we face today as well as solutions workplaces have tried to prevent such inequalities. I believe that anytime we make space to discuss inequalities and injustices, we foster empathy in our kids.



(CONTINUED ON NEXT PAGE)

TECH TALK: INSPIRATIONAL PODCASTS (continued)

[This American Life](#) (Age range varies by episode - great for teens, and some episodes are also good for younger kids.)

[Episode: The Campus Tour Has Been Cancelled.](#)

The issues raised in this multipart episode provide the ingredients for deep discussion about schooling in our country — and talk about timely. How do we face the fact that there is so much inequality in our society and schools? What is the role of standardized testing?

For me, this episode hits me at a very emotional level — in part because of the way that standardized testing has had such a negative footprint on my sense of self. I have never performed well on those types of tests. Do I want them to be done away with? Yep. Yet maybe you disagree? What do your kiddo think? Other incredibly important topics are shared in this podcast and are worth the time.

One key caveat - the show shares a study about the odds of having a high-paying job given what type of college a student attends. HOWEVER, I want kids to know that such stats are influenced by MANY other factors in addition to the type of college that one attends. (If you want a more rounded view on this topic, I recommend reading the book [The Self Driven Child.](#))



(For additional recommendations, including books for kids and teens, read the full article [HERE](#) at [ScreenagersMovie.com](#))



EASY WAYS TO SUPPORT CASA-VFC THIS SUMMER



A fun, new way to help raise money for CASA-VFC!
Download the FlipGive App and shop your favorite brands and online stores. Each company will then donate a certain percentage of your purchase to CASA-VFC. This is a convenient, fast and easy way to support our organization. Don't forget to share with your friends and family!

[LEARN MORE HERE](#)



You shop. Amazon gives.

Did you know that you can raise money for CASA-VFC by simply shopping on Amazon? If you have an Amazon account you can shop from the Amazon Smile website and they will donate 0.5% of your purchase to CASA-VFC. It's exactly like shopping on Amazon: Same items, check-out and pricing. Another great way to support CASA while you shop online!

[LEARN MORE HERE](#)





RESOURCES

Don't forget! We have tons of great resources for you and your kiddo(s). Please call or email if you are in need of any of the following items, and our staff will happily help locate them and gather them for pick-up!

Jackets
Clothing
Duffel Bags/Backpacks

Shoes
Birthday Gifts
Occasion/Holiday Gifts

Books
Quilts
Sports Equipment

If we don't have the item you are looking for, please let us know and we will try our best to find it for you!

TUTORING

We are excited to announce that CASA is now providing **Trauma-Informed Educational Tutoring!** Please contact the CASA office for more information or to enroll your kiddo(s).

BIRTHDAYS

Help your kiddo(s) get ready for that special day! **We have gifts and cards available at the office.** Please contact our Service Coordinator, Alyssa, for more information.

**REPORT
CHILD
ABUSE** !

To report child abuse, please call these child abuse hotlines:

Local: 541-757-5019

Toll Free: 866-303-4643



Happy Summer

RESOURCE PARENTS!

Thank you

for the vital role you play
in providing for our
most vulnerable
population.

- CASA-VFC STAFF

CASA-VFC STAFF

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WE ARE HERE FOR YOU!

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Web:
www.casa-vfc.org

Facebook:
www.facebook.com/casavfc

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